

YOU'RE INVITED

Sports Medicine New Zealand
Canterbury Branch Meeting

Wednesday March 13 | 7 pm

| Rugby Park |

Corner of Malvern and Rutland
Streets

SPEAKERS

John Roche - Crusaders Physiotherapist

Athletic Groin Pain

Maria Hassan - NZ Athletics High Performance Coach

& Yaso Kathiravel - Sports Doctor

Coaching and Health Strategies in Managing Athletes

with REDS

(relative energy deficiency in sport)

