



The New Zealand Association  
of Musculoskeletal Medicine



**REGISTER  
NOW**

## NZAMM 2020 – Mini Conference

### Topic: Lower Limb

<b>Conference</b>	<b>Saturday</b>	3 <sup>rd</sup> October	8.00am - 5.00pm
<b>Workshops</b>	<b>Sunday</b>	4 <sup>th</sup> October	8.00am - 12.30pm
<b>Venue:</b>	<b>James Cook Hotel, Grand Chancellor, Wellington</b>		
<b>Cost: (Incl GST)</b>	<b>Saturday</b>	<b>\$280.00</b>	
	<b>Sunday</b>	<b>\$190.00</b>	
	<b>Saturday/Sunday</b>	<b>\$440.00</b>	
<b>Dinner / Band</b>	<b>Saturday 7.00pm Dinner, table wine and entertainment \$120 p/p (bar tab available)</b>		

**Registration:** **Email:** [brenda.evitt@nzamm.org.nz](mailto:brenda.evitt@nzamm.org.nz) to confirm your place  
**Payment:** **Internet Banking:** NZ Association of Musculoskeletal Medicine  
BNZ 02-0390-0124462-001  
Code: Wellington Conference : Surname and initial

**Refreshments:** **Saturday** Morning; afternoon tea and lunch  
**Sunday** Morning tea  
Please let us know of any special dietary requirements upon registration.

**Accommodation:** **James Cook Hotel, Grand Chancellor, Wellington**  
<https://www.grandchancellorhotels.com/james-cook-hotel-grand-chancellor>  
147 The Terrace, Wellington (or lift access via James Cook Arcade on Lambton Quay)  
Tel: 04 495 0279

We are pleased to confirm that the James Cook Hotel has these rooms available at the following rate:

- Terrace room \$130.00
- Terrace Rooms are located on the lower floors of the hotel and feature two Double Beds.

#### All rooms feature:

Ensuite bathroom | Complimentary Wi-Fi | Minibar | Tea & Coffee making facilities | Iron & board | Hairdryer Air conditioning | Corporate Desk | LCD TV

#### Hotel Amenities

Valet Parking | 24-hour Reception & Concierge | Wi-Fi | 24-hour Room Service Menu | Two Restaurant and Bars

| Conference Facilities | Pedestrian access to Lambton Quay

Sojourn Restaurant is located in our lobby. Breakfast is open 6:30am-10:30am.

There is an A La Carte menu available for Breakfast, Lunch and Dinner. Prices change depending on what is ordered.

Menu and prices on our website. <https://www.grandchancellorhotels.com/james-cook-hotel-grand-chancellor>

#### HOW TO ACCESS YOUR CONFERENCE ACCOMMODATION RATES 3rd - 4th Oct 2020

Your group code is: 359457 Go to: [James Cook Hotel Grand Chancellor](#)

**Room Type:** Terrace Room  
**Rates:** \$130 Room Only - Prices include GST tax of 15%  
**Method of Payment:** All guests to book & pay direct  
Rates quoted are per room, per night on a single, double, or twin occupancy.  
**Email:** Amendments and cancellation can be made 48hrs prior to arrival, rooms will be subject to availability at time of booking. [groups@jamescookhotel.co.nz](mailto:groups@jamescookhotel.co.nz)

**What to Expect at the 2020 Mini Conference - Please see below for the provisional programme**

**Programme Convenor: Dr Stu Thomson [drstu61@hotmail.com](mailto:drstu61@hotmail.com)**

❖ The event is open to medical Practitioners and other appropriately qualified interested people.

Guest speakers: **Professor Jill Cook (La Trobe University, Melbourne) – by Zoom,**  
**Mr Bruce Twaddle (Orthopaedic Surgeon),**  
**Dr Iain Bell (Musculoskeletal Medicine Physician),**  
**Dr Zaid Matti (Musculoskeletal Medicine Physician)**

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## **Mini Conference 2020 Programme (Provisional) – LOWER LIMB**

**Saturday 3<sup>rd</sup> October 2020 - Tendons and the lower limb in musculoskeletal medicine**

8.00am	Registration and coffee	
8.30am	Welcome	
8.45 - 10.15am	Session 1	
	Evidence-based Musculoskeletal Point of Care Ultrasound – Does it Exist?	Dr Iain Bell
	Can PRP injections really help my arthritis?	Dr Zaid Matti
10.15 - 10.45am	MORNING TEA	Will be served
10.45 - 12.15pm	Session 2	
	Treatment Philosophy of Achilles tendon Pathology: a surgeon's perspective	Mr Bruce Twaddle
	The Use of PRP in Tendon Pathology	Dr Zaid Matti
12.15 - 1.15pm	LUNCH	Will be served
1.15 - 2.45pm	Session 3	
	When Is It Tendon Pain? (It's not as obvious as you think)	Prof. Jill Cook
	What Are You Treating in Someone with Tendinopathy? (Guess what? It's not as obvious as you think)	Prof. Jill Cook
2.45 - 3.15pm	AFTERNOON TEA	Will be served
3.15 - 4.45pm	Session 4	
	Management of Stress Fractures (provisional title)	Mr Bruce Twaddle
	US Assessment of the Ankle and Foot	Dr Iain Bell
4.45pm	FINISH	

**Sunday 4<sup>th</sup> October 2020 - Ultrasound and PRP in musculoskeletal medicine**

**With support from Fujifilm Sonosite**

8.00 - 10am	Workshop 1 – PRP in Hip/Knee Osteoarthritis	Dr Zaid Matti
10.00 - 10.30am	MORNING TEA	Will be served
10.30am - 12.30pm	Workshop 2 – US Guided Injections – Fundamentals and Common Injection Techniques	Dr Iain Bell
12.30pm	FINISH	

***We look forward to seeing you there!***