



Come join us for the 2022 Clinical Pearl Evening. Refreshments provided during Registration. Ten minute presentations with a clinical pearl to take home and use the next day!

Please RSVP for number here: <https://event.sportsmedicine.co.nz/product/smnz-payments/>

Please enter your name and under on the comments line 'Clinical Pearls Evening'

Roland Jeffery *"Surviving as a Touring Physiotherapist"*

Physiotherapist - All Whites Physiotherapist & Roland Jeffery Physio.

Roland Jeffery graduated in 1994 from AUT, completed his PGD (Manip) in 2001, PGC in Western Acupuncture 2004 and Master's Degree in 2004.

Roland has worked extensively in football since 2001 and is the current lead physiotherapist for NZ Football (All Whites), since 2003. He has attended the Football World Cup in 2010 and Olympic Games in 2012 and 2020. He works with clients at his clinic Roland Jeffery Physiotherapy and manages his 17 therapists.



Sunz Singh *"Load management: Peaking to Performance - Volume and Intensity management"*



Strength and conditioning coach All whites & CS performance
S&C Coach - Ufc world champ Israel Adesanya Kai Kara France, & Blood Diamond.
Head of S&C/ Sport Science Eastern Suburbs Football club.
Director of CS performance Strength & Conditioning.

Marcia Jerram *"The effectiveness of a menthol mouth rinse in elite rugby players"*

Performance Nutritionist: Blues Rugby Team, North Harbour Rugby, Counties Manukau Rugby & Auckland NPC rugby team.

Blues rugby studentship 2020

University of Otago graduate: BPhEd & BSc and MAppSci in sport and exercise nutrition.

Marcia has been avidly involved in sport at a number of different levels for triathlon, cycling, netball and distance running. She also usually coaches netball on the side (couldn't this year) & helps the Northern Comets Netball Team and Auckland Rep Hockey with nutritional support.



Dr Mark Fulcher *"What to do with your concussed patient - including where and when to do it"*

Sport and Exercise Physician



Mark is the Managing Director at Axis Sports Medicine Specialists, and currently the Medical Director for NZ Football and a member of the FIFA Medical Committee. He has attended 3 Olympic Games, and been Medical Director for Netball NZ amongst many other roles. Mark has a particular interest in football injuries, concussion, tendon pathology and injury prevention